

E-ACT PATHWAYS ACADEMY

COMMUNITY LEARNING NEWSLETTER

January 2014



At this time of year, we are drawn to make new resolutions so if you are thinking of making changes in your life then look no further than the programme we can offer.

Whether you are looking for something **HEALTHY**.
Whether you are looking for **QUALIFICATIONS** to improve your **EMPLOYMENT** prospects.
Whether you are looking for **WORK**.
OR if you are just looking for **FUN!**

There should be something in this newsletter for you.

C-Beebies at PATHWAYS ACADEMY

For families of 3 – 5 year olds!
A Family Learning experience using the popular C-Beebies programme to encourage and develop your child's learning.
Parents will learn how to help their child's literacy and Numeracy skills.
FREE
7th March – 11th April 2014
(1.00 – 3.00pm)

DYSLEXIA	ENGLISH and MATHS	MAKATON
Do you think you might be Dyslexic? Are you finding it difficult to get work or having trouble completing qualifications for work? Would you like to know more about supporting your child with dyslexia? For a quick and easy assessment, contact the Community Learning Team for more information. £20 per assessment	Gain a qualification to improve your work prospects or to be able to keep up with and support your child's learning! FREE courses at PARKWOOD ACADEMY. Maths –Tuesdays 9.30 – 11.30 English – Thursdays 9.45 – 11.45	Ideal for anyone who is involved in schools as a volunteer or who is looking for employment in a SCHOOL, NURSERY or CHILDCARE. Makaton uses speech with signs and symbols to help people communicate. £10 Admin Fee (payable by everyone) FREE IF ON BENEFITS £30 for those not on benefits
TROUBLE WITH TEENAGERS		STOP SMOKING SUPPORT
Do you feel like you are constantly at odds with your children or you always seem to give in to their demands to keep the peace? Do you wish they would talk to you instead of 'bottling things up' ? FREE courses in the area – contact the Community Learning Team		If this is one of your NEW YEAR resolutions and you would like some support then please contact the Community Learning Team.
SHINE FOR ADULTS - EXERCISE & FOOD EDUCATION	FOOD FROM AROUND THE WORLD	ENGLISH as a SECOND LANGUAGE (ESOL)
Feeling energised, fitter and healthier impacts on your daily life. Make 2014 the year you go for it! Will include Aerobics, Nutrition & Lifestyle sessions. Course starts Jan / Feb 2 hours per week (12 weeks) Cost: FREE PARKWOOD ACADEMY	We have a wonderful mix of languages and cultures in our community. These workshops will look at our own cookery skills such as BREAD-MAKING, PASTRY, SAMOSAS, CURRIES, and SPRING ROLLS etc! £10 Admin Fee (payable by everyone) FREE IF ON BENEFITS £30 for those not on benefits.	For speakers of English as their second or other language. Wednesdays 9.30 – 11.30am Parkwood Academy S5 8UL Cost £63 FREE - if on eligible benefits

PARKWOOD ACADEMY'S FITNESS SUITE

IS NOW OPEN!

A NEW YEAR, A NEW YOU!

Call in and have a look at our amazing facilities!

Membership rates and opening hours available on request.

WORK START SKILLS		VOLUNTEERING
<p>This course is based on the skills employers look for when recruiting. it will help you gain and improve on a range of skills to help you find and sustain a job. The course provides you with key skills such as CV writing, interview skills and job searching, as well as developing your team work, communication, money management and confidence. Work towards a qualification in either PREPARING for EMPLOYMENT or GETTING ON at WORK.</p> <p>FREE - Dates and Times to be advised</p> <p>PARKWOOD ACADEMY</p>		<p>If you are looking for work there are opportunities to improve your C.V. and to gain invaluable experience by volunteering in various organisations such as schools and other organisations.</p>
POTTERY at PARKWOOD ACADEMY		
<p>Make your own Pots, Dishes, Ornaments or even Christmas Decorations for this year!</p> <p>FREE if on Eligible Benefits - Standard Fee £71.50 Wednesdays (6.30 - 8.30pm) starts Jan 2014 (11 sessions)</p>		
FRENCH AND SPANISH		
<p>Would you like to learn a new language or be able to support your child's learning? From Y2 your child starts to learn another language.</p> <p>Spanish 3.30 – 4.30 and French 4.30 – 5.30</p> <p>FREE at PARKWOOD ACADEMY</p>		
AROUND THE COMMUNITY		
1ST AID	HEALTHY ME AND U	
<p>Do you need this qualification to help you find work or to support existing employment? Or would you like to be prepared for any eventuality in the home?</p>	<p>Free Level 1 accredited 10 week course looking at healthy eating, mind, body and soul.</p> <p>This course is ideal for learners that want to find more about cooking on a budget and making positive lifestyle changes.</p> <p>Are you 19+ and in receipt of benefits, interested in healthy living options? Then this is the course for you.</p> <p>Starting January 2014</p>	
Level 1 Customer Service Skills		
<p>Candidates will attend a 10week course (3 hours a day) designed to introduce the concepts of customer service delivery in a relaxed and comfortable team environment. The sessions will be fun, interactive and practical, focusing on how customer service is applied into realistic work place situations. STARTS Jan 2014 If you are 19+ and in receipt of benefits this is for you.</p>		
<p>Yewlands NCLC</p> <p>Digital Photography / Imaging Course Cost £60 or £10 if in receipt of benefit Starts January 2014 (1 – 3.00 pm)</p>		<p>WICAT</p> <p>Bricklaying courses for women</p> <p>Contact the Community Learning Team</p>
<p>Longley 4G</p> <p>1st steps in Social Media Social Media Explained L1 Staying Safe on line Paediatric 1st Aid</p>	<p>Shirecliffe Community Centre</p> <p>Cooking on a budget Sewing Food safety</p>	<p>Parson X Forum</p> <p>IT Essentials LEVEL 2 qualification IT Essentials LEVEL 1 qualification</p>
YOUR COMMUNITY LEARNING TEAM		
<p>Janet Charlton (Community Learning Co-ordinator) Parkwood E-ACT Academy Family of Schools Susan Powell (Community Learning Worker) Parkwood E-ACT Academy Family of Schools</p> <p>Contact Janet Charlton Tel. 07872415956 / 0114 2310221 Contact Susan Powell Tel. 0114 2310221</p>		